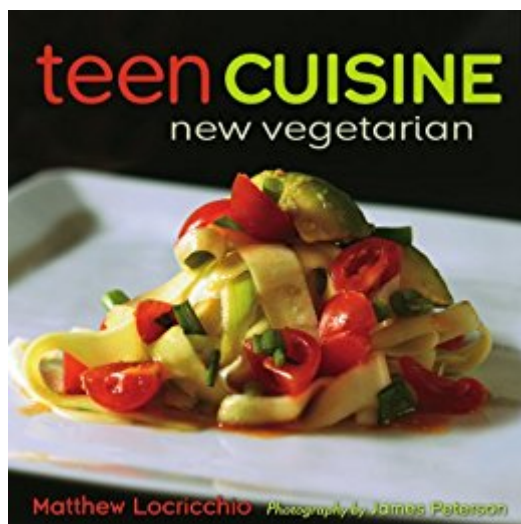


The book was found

Teen Cuisine: New Vegetarian



Synopsis

Teen Cuisine: New Vegetarian was chosen as the winner for the 2013 International Association of Culinary Professionals Cookbook Award in the Children's, Youth and Family category. Teens will celebrate all the great features in this exquisite cookbook that speaks directly to today's most popular eating trends. Features: * 50 mouthwatering, original step-by-step recipes for all times of day arranged into sections such as "Smart Starts," "Pasta and Polenta Perfection," "Big Plates," and "Just Desserts" * Special sushi section * "On Your Mark Get Set Cook!" popular recipe format with step-by-step drawings and photographs * Chef's tips, safety section, cooking terms, and ingredient definitions * Kitchen essentials and equipment * Organic, local, nutritious ingredients for healthy eating

Book Information

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#32 in Books > Teens > Personal Health > Diet & Nutrition

Customer Reviews

This book is beautiful--the photographs, the recipes, the chef's tips, the new ingredients, the new techniques, the concepts presented by this truly talented chef. My teenagers (to the delight of my entire family) take charge cooking complete, healthy, and delicious meals. What is so pleasing is the ease in shopping for the necessary ingredients, and following the precise, completely

understandable directions. A favorite recipe from this collection is the bread one using quinoa. This is not the first cookbook we have purchased written by this same chef. We are looking forward to many more future recipes. Chef Matthew Locricchio continues to be a hugely enjoyable influence in our kitchen. We are so happy this book stresses buying locally, buying the best available, and forget about meats and animal products at meal times. We recommend this book to every one---beginners, serious cooks and people curious about eating well prepared meatless recipes. This is a really an excellent cookbook,

This is a phenomenally beautiful cookbook. The photographs are vivid and colorful. The "On your Mark - Get Set - Cook" format is very helpful to inexperienced cooks, as are the helpful informative chapters: "A Word About Safety," "Kitchen Essentials," "Kitchen Equipment and Utensils," and a metric conversion chart. I thought perhaps some of the recipes were a little sophisticated and involved for young teenagers' tastes, but I was wrong. I bought copies of this book for some young friends and they have received and used the book with great enthusiasm. The pasta recipes went over big, as did the Big Plate recipes (stirfries and such) the cheese pie, and the desserts, especially the chocolate cupcakes and smart bars. This is a great cookbook and makes a wonderful gift for any aspiring young chef.

Bought this for my granddaughter and she loves it!

Grand daughter loves it.

One of the best things about Matthew's cookbooks (and I am a fan of them all) is the very clear presentation. Recipes are easy to follow, not loaded with arcane ingredients, and beautifully photographed. And now for the most important aspect of the recipes - how delicious they are! The Sloppy Jane is a revelation, even the meat eaters will appreciate the great flavor. This is just one of many choices so have fun going through the book and finding your own favorites. This cookbook is a very popular choice among the teens and adults in our library.

Very nice book. My Grad daughter loves, vegies and loves to cook. This is going to be a gift for her birthday. Fast shipping thanks so much

This looked like a great idea for a young cook to see how easy it is to cook and also see how to

visually make the presentation when serving it. My wife and I looked through the cookbook, and, really, these recipes are great for any eater. Loved the pictures, the format and the recipes! A good investment for any future cook to learn the basics in this particular food group.

Awesome pictures. Great entree ideas for us carnivores.

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